

FSC 2026: Session: 5: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verstappen Emma

Coaches: Vandepaer Lisa HEADCOACH

Coaches: Mertens Wenke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M FREESTYLE MEN					Heat:3, starttime: 09:35
Heat: 3/7 Lane : 5 Athlete: VAN WAELDEREN THOMAS					Q-time: 01:59:89
PB (50m pool): 01:59.89 Antwerpen 27/07/2025			PB (25m pool): 01:57.69 SB: 02:02.93 Wezenberg 01/02/2026		
	50 M	100 M	150 M	200 M	
PB	00:27.99	00:58.51	01:29.74	01:59.89	
	00:27.99	00:30.52	00:31.23	00:30.15	
	

Coach feedback:

Event number: 28: 50M BUTTERFLY MEN		Heat:7, starttime: 10:37
Heat: 7/10 Lane : 2 Athlete: VAN WAELDEREN THOMAS		Q-time: 00:26:31
PB (50m pool): 00:26.31 Wezenberg 01/02/2026		PB (25m pool): 00:25.32 SB: 00:26.31 Wezenberg 01/02/2026
	50 M	
PB	00:26.31	
	00:26.31	
	

Coach feedback: